

Play “Runopoly” in 2019 with Stroller Warriors® Running Club

Log every mile you RUN from Jan 1 – Dec 31. When you reach 125, 250, 500, 750, and/or 1000 miles, submit a copy of this chart at a workout or as an attachment (digital file or photo) in an e-mail. Once your name has been added to the “Wall of Fame” you will have access to a Web site where you can order a commemorative shirt or other available merchandise. Miles run outside or on a treadmill may be logged in the table below. Miles walked or completed on an elliptical cannot be included. You can back-date if you start the program mid-year and have the miles logged elsewhere (like your GPS watch, another chart, etc). SW club members, please refer to your chapter page for official rules and detailed information on how to submit your miles. Participating spouses and family members may obtain more information at www.strollerwarriors.com/miles.html or email strollerwarriors.miles@gmail.com.

Happy running and thanks for playing “Runopoly” with Stroller Warriors!

Name: _____

Email: _____

City, State: _____

	Jan	Feb	Mar	April	May	June	July	Aug	Sept	Oct	Nov	Dec
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MTD Total												
YTD Total												

Supporting military families, one mile at a time