**“Run the World” in 2023 with Stroller Warriors® Running Club**

Log every mile you RUN from Jan 1 – Dec 31. For each 100 miles you run, submit a copy of this chart at a workout or as an attachment (digital file or photo) in an e-mail. Once your name has been added to the “Wall of Fame” you will have access to a website where you can order a commemorative shirt or other available merchandise. Miles run outside or on a treadmill may be logged in the table below. Miles walked or completed on an elliptical cannot be included. You can back-date if you start the program mid-year and have the miles logged elsewhere (like your GPS watch, another chart, etc). **Active SW club members, please refer to your chapter page for detailed information on how to submit your miles.** Participating spouses and family members may obtain more information at <http://www.strollerwarriors.com/miles> or email [strollerwarriors.miles@gmail.com](file:///C%3A%5CUsers%5CWendy%5CDesktop%5CSW%20HQ%5CRTW%20Files%5C2017%20RTW%20Chapter%20files%5Cstrollerwarriors.miles%40gmail.com). You can keep track of our progress at [www.facebook.com/strollerwarriors](http://www.facebook.com/strollerwarriors).
 **Happy running and thank you for participating in Stroller Warriors® 2023 Mileage Incentive Program!**

Name:
Email:
City, State:      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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|  | **Jan** | **Feb** | **Mar** | **April** | **May** | **June** | **July** | **Aug** | **Sept** | **Oct** | **Nov** | **Dec** |
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| **6** |       |       |       |       |       |       |       |       |       |       |       |       |
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| **8** |       |       |       |       |       |       |       |       |       |       |       |       |
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| **12** |       |       |       |       |       |       |       |       |       |       |       |       |
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| **14** |       |       |       |       |       |       |       |       |       |       |       |       |
| **15** |       |       |       |       |       |       |       |       |       |       |       |       |
| **16** |       |       |       |       |       |       |       |       |       |       |       |       |
| **17** |       |       |       |       |       |       |       |       |       |       |       |       |
| **18** |       |       |       |       |       |       |       |       |       |       |       |       |
| **19** |       |       |       |       |       |       |       |       |       |       |       |       |
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| **21** |       |       |       |       |       |       |       |       |       |       |       |       |
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| **23** |       |       |       |       |       |       |       |       |       |       |       |       |
| **24** |       |       |       |       |       |       |       |       |       |       |       |       |
| **25** |       |       |       |       |       |       |       |       |       |       |       |       |
| **26** |       |       |       |       |       |       |       |       |       |       |       |       |
| **27** |       |       |       |       |       |       |       |       |       |       |       |       |
| **28** |       |       |       |       |       |       |       |       |       |       |       |       |
| **29** |       | xxx |       |       |       |       |       |       |       |       |       |       |
| **30** |       | xxx |       |       |       |       |       |       |       |       |       |       |
| **31** |       | xxx |       | xxx |       | xxx |       |       | xxx |       | xxx |       |
| **MTD Total** |       |       |       |       |       |       |       |       |       |       |       |       |
| **YTD Total** |       |       |       |       |       |       |       |       |       |       |       |       |

**Supporting military families, one mile at a time**