

# "Run the World" in 2023 with Stroller Warriors' Running Club

Log every mile you RUN from Jan 1 – Dec 31. For each 100 miles you run, submit a copy of this chart at a workout or as an attachment (digital file or photo) in an e-mail. Once your name has been added to the "Wall of Fame" you will have access to a website where you can order a commemorative shirt or other available merchandise. Miles run outside or on a treadmill may be logged in the table below. Miles walked or completed on an elliptical cannot be included. You can back-date if you start the program mid-year and have the miles logged elsewhere (like your GPS watch, another chart, etc). **Active SW club members, please refer to your chapter page for detailed information on how to submit your miles.** Participating spouses and family members may obtain more information at <http://www.strollerwarriors.com/miles> or email [strollerwarriors.miles@gmail.com](mailto:strollerwarriors.miles@gmail.com). You can keep track of our progress at [www.facebook.com/strollerwarriors](http://www.facebook.com/strollerwarriors).

**Happy running and thank you for participating in Stroller Warriors® 2023 Mileage Incentive Program!**

Name: \_\_\_\_\_

Email: \_\_\_\_\_

City, State: \_\_\_\_\_

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29		XXX										
30		XXX										
31		XXX		XXX		XXX			XXX		XXX	
MTD Total												
YTD Total												

*Supporting military families, one mile at a time*